

Athletes must declare their intention to compete at least 60mins before the scheduled start time				
Track				
Event No	Time	Event	Age Group	Round
1	10:00	110m Hurdles	Sen / U20 Men Open	1
		100m Hurdles	U17 Men	1
2	10:05	100m Hurdles	Sen / U20 Women Open	1
3	10:15	80m Hurdles	U15 Boys	Final
4	10:20	80m Hurdles	U17 Women	1
5	10:30	75m Hurdles	U15 Girls	1
			U13 Boys	1
6	10:45	70m Hurdles	U13 Girls	1
7	10:55	800m	U15 Girls	1
8	11:07	800m	U15 Boys	1
9	11:15	800m	U17 Women	1
10	11:23	800m	U17 Men	1
11	11:35	110m Hurdles	Sen / U20 Men Open	2
12	11:40	100m Hurdles	Sen / U20 Women Open	2
13	11:45	80m Hurdles	U17 Women	Final
14	11:50	75m Hurdles	U15 Girls	Final
15	11:55	70m Hurdles	U13 Girls	Final
16	12:00	100m	U15 Girls	1
17	12:16	100m	U13 Girls	1
18	12:32	100m	U15 Boys	1
19	12:40	100m	U17 Men	1
20	12:48	100m	U13 Boys	1
21	13:00	100m	U17 Women	1
22	13:15	100m	Wheelchair / Frame Running	1
LUNCH				
23	13:50	100m	Sen / U20 Women Open	1
24	14:02	100m	Sen / U20 Men Open	1
25	14:22	100m	U15 Girls	Semi Final
26	14:30	100m	U13 Girls	Semi Final
27	14:38	400m	Wheelchair / Frame Running	1
28		400m	Sen / U20 / U18 Women Open	1
29	14:50	400m	Sen / U20 Men Open	1
30	15:02	400m	U17 Men	Final
31	15:06	300m	U15 Boys	Final
32	15:10	300m	U17 Women	1
33	15:18	300m	U15 Girls	1
34	15:30	800m	U15 Girls	Final
35	15:34	800m	U15 Boys	Final
36	15:38	800m	U17 Women	Final
37	15:42	800m	U17 Men	Final
38	15:46	800m	U13 Girls	Timed Final
39	15:56	800m	U13 Boys	Timed Final
40	16:05	100m	Wheelchair / Frame Running	2
41	16:10	100m	Sen / U20 Women Open	2
42	16:22	100m	Sen / U20 Men Open	2
43	16:40	100m	U15 Boys	Final
44	16:44	100m	U17 Men	Final
45	16:48	100m	U13 Boys	Final
46	16:52	100m	U17 Women	Final
47	16:56	100m	U15 Girls	Final
48	17:00	100m	U13 Girls	Final
49	17:05	400m	Sen / U20 Women Open	2
50	17:09	400m	Sen / U20 Men Open	2
51	17:17	300m	U17 Women	Final
52	17:21	300m	U15 Girls	Final

<b>Athletes must declare their intention to compete at least 60mins before the scheduled start time</b>				
<b>If heats are not required FINALS will go at HEAT time.</b>				
<b>Field</b>				
<b>Event No</b>	<b>Time</b>	<b>Event</b>	<b>Age Group</b>	<b>Info</b>
53	10:00	Discus	U17 Men / U17 Women	
54	10:00	Long Jump	U13 Girls	Pool 2
55	10:00	Shot Put	U15 Girls	
54	11:15	Long Jump	U13 Girls	Pool 1
56	11:15	Pole Vault	Sen / U20 Women Open	SH 2m16
			U17 Women East / West	SH 2m16
57	11:15	Shot Put	U13 Girls	
58	12:00	High Jump	Sen / U20 Men Open / U17 Men	SH 1m57
59	12:30	Long Jump	U13 Boys	
60	13:45	Long Jump	Sen / U20 Women	Open
61	14:30	Pole Vault	Sen / U20 Men Open	SH 3m19
			U17 Men East / West	SH 2m29
62	14:30	Shot Put	U17 Men / U17 Women	
63	14:30	High Jump	Sen / U20 Women Open	SH 1m37
64	15:00	Long Jump	U15 Girls	
65	16:00	Javelin	U17 Men / U17 Women	
66	16:00	Shot Put	U13 Boys / U15 Boys	
67	16:15	Long Jump	Sen / U20 Men / U17 Women	Open
<b>District Field Events: Min 2 warm up attempts; best 8 in each age group qualify for a further 3 attempts</b>				
<b>Outdoor Open Field Events: Min 2 Warm up attempts; best 8 qualify for a further 3 attempts</b>				

**Athletes must declare their intention to compete at least 60mins before the scheduled start time**

Track				
Event No.	Time	Event	Age Group	Round
68	10:00	400m Hurdles	Sen / U20 Men Open	1
			U17 Men	Final
69	10:10	400m Hurdles	Sen / U20 / Women Open	1
70	10:15	300m Hurdles	U17 Women	Final
71	10:25	1500m	U15 Girls	Final
72	10:35	1500m	U15 Boys	Final
73	10:50	200m	U15 Girls	1
74	11:10	200m	U13 Boys	1
75	11:20	200m	U13 Girls	1
76	11:35	200m	U15 Boys	1
77	11:45	200m	U17 Women	1
78	12:00	200m	U17 Men	1
79	12:15	200m	Sen / U20 Women Open	1
80	12:35	200m	Sen / U20 Men Open	1

Lunch				
81	13:25	400m Hurdles	Sen / U20 Men Open	2
			Sen / U20 Women Open	2
82	13:35	200m	U15 Girls	Semi final
83	13:45	1500m	U13 Girls	Timed Finals
84	13:55	1500m	U13 Boys	Timed Finals
85	14:05	1500m	U17 Women	Final
86	14:12	1500m	U17 Men	Final
87	14:24	200m	Wheelchair / Frame Running	1
88	14:30	200m	U13 Girls	Final
89	14:35	200m	U13 Boys	Final
90	14:40	200m	U15 Boys	Final
91	14:45	200m	U17 Men	Final
92	14:50	200m	U17 Women	Final
93	14:55	200m	U15 Girls	Final
94	15:00	200m	Sen / U20 Women Open	2
95	15:12	200m	Sen / U20 Men Open	2
96	15:30	200m	Wheelchair / Frame Running	2

**If heats are not required FINALS will go at HEAT time.**

Field				
Event No.	Time	Event	Age Group	
97	10:00	Javelin	U13 Boys / U13 Girls	
98	10:00	Long Jump	U17 Men / U15 Boys	
99	10:00	Hammer	U15 Boys / Girls / U17 Men / Women	
100	11:15	High Jump	U13 Boys / U13 Girls	SH 1m01
101	11:15	Javelin	U15 Girls	
102	12:30	Discus	U15 / U13 Boys	
103	12:30	Pole Vault	U15 Boys / U15 Girls East / West	SH 2m03
104	12:30	Triple Jump	All ages U15-Sen	7m
105	13:45	High Jump	U15 Boys / U15 Girls	SH 1m16
106	13:45	Javelin	U15 Boys	
107	14:30	Discus	U15 / U13 Girls	
108	14:30	High Jump	U17 Women	SH 1m22
109	14:30	Triple Jump	All ages U15-Sen	9m / 11m

**District Field Events: Min 2 warm up attempts; best 8 in each age group qualify for a further 3 attempts**

**Outdoor Open Field Events: Min 2 Warm up attempts; best 8 qualify for a further 3 attempts**